



# Sallie Hughes

## One Page Profile

### What is important to me

**My family**

**Socialising with friends**

**Making sure people around me are happy**

**Coming up with new ideas and problem solving**

### What people like and admire about me

**Reliable, trustworthy, honest**

**I'm creative with the resources I have**

**Resilient in the face of adversity**

**Supportive**

### How best to support me

**Make time to listen to me**

**Remind me of my strengths when I doubt myself**

**Remind me not to take on too much and to make time for myself**