

What is important to me

My partner, Matthew. He is my best friend & soul mate. Friends & family.

Supporting others and feeling that I've made a difference to someone's day however small.

Shared values – I like to work in an environment that practices and promotes fairness, equal treatment for all and social responsibility.

Animal welfare – I have an affinity with animals and am passionate about their welfare and protection, however insignificant they may seem.

Feeling respected, valued & supported at home & work.

What people like and admire about me

My sense of humour.

My kind, caring, supportive nature.

That I'm honest, respectful, hardworking & reliable.

I am a good listener & give a hug when it is needed.

I happily go the extra mile to help achieve team goals.

Being able to prioritise my work & keep to deadlines.

Being well organised and unflappable in the face of multiple demands from various directions.

How best to support me

Communication is key. Being kept updated of any changes helps me do my job more effectively.

I welcome colleagues being upfront and constructive in giving any guidance or criticism to help me improve areas of performance where needed.