

What is important to me

I like to be surrounded by positivity

I like my family and friends to be happy and healthy

Manners are very important to me.
Please/thank you etc.

I like to support people fighting injustice and to support those in need.

I am passion about.....

Cooking – My favourite food to cook is Asian, Green Thai/Red Thai etc., but I really enjoy cooking anything.

Music – I have several guitars, acoustic and electric. I write and compose songs and like to play at busker's night when I get the time.

Nature – I have National Trust, English Heritage cards and season tickets for Beamish Museum etc. I enjoy visiting historical buildings, countryside walks, stone circles and I have an avid interest in bird watching.

Reading – I like to read biographies to include, musician, sportsperson and history in general.

TV – In general I don't watch TV except for cookery, arts and history programmes.

I regularly visit car boot sales and auction houses and do a bit of buying and selling.



What people like and admire about me

I am altruistic in nature and a lateral thinker, hence I put others feelings before mine and I can listen to all sides of stories without prejudice or being judgemental.

People seem to like my easy going nature and even my silly jokes.

I seem to be able to cheer people up and make them laugh, even when they are down

How best to support me

I am quite introverted and shy really, so take the time to get to know me.

Be polite and respectful. It's nice to be nice.

And laugh at my silly jokes and puns and we'll be best friends forever.